



**MAY DAY
FAMILY
CELEBRATION
2021**

Programme Booklet
2 - 31 May 2021

60 years by your side



MAY DAY FAMILY CELEBRATION 2021

A family that plays together, stays together. From fun hands-on workshops to friendly games of bowling, this year's NTUC May Day Family Celebration offers a plethora of physical and virtual activities* for our union members and their families to enjoy, bond and simply have fun! Check out the activities we have in store for you in this booklet!

**Activity bookings are on a first come, first served basis. Each union member is allowed to book one activity as per invitation code. A \$10 token fee is payable upon registration, all proceeds will go towards the NTUC60 Fundraising campaign. Please visit our event website for the full terms and conditions.*



Scan the above QR code or visit
eventnook.com/ntucmayday2021
for event details and registration

02
MAY
SUNDAY

Jumpfest

- D' Marquee @ Downtown East
- 2 May 2021, Sunday
- 1hr per session
Please visit event website for detailed schedules
- 16+ 16 years old and above

Bring your own sports attire | Trampolines provided



Rebounding is a low-impact cardiovascular exercise that is performed while jumping on a mini-trampoline. It is an excellent activity that is safe and effective in

helping one to stay healthy. Jump up a storm with your family members and strengthen both body and family bonds!

Visit eventnook.com/ntucmayday2021 to register or to find out more!

**02
08
09
MAY**

Zumba

 Begonia Terrace @ Downtown East (onsite)

 2, 8, 9 May 2021

 1hr per session
Please visit event website for detailed schedules

 12+ 12 years old and above

Bring your own sports attire.



Join this calorie-burning dance fitness party with your family and groove yourself into shape!

Visit eventnook.com/ntucmayday2021 to register or to find out more!

**EVERY
FRI
TO
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IN MAY**

2 - 29 MAY

Bowling

-  Orchid Country Club
-  Fridays to Mondays, from 2 - 29 May 2021
-  Hourly from 10am - 11pm
-  9 years old and above



Bowling has always been a staple leisure activity for locals and what better way to have fun than to bowl with family!

Visit eventnook.com/ntucmayday2021 to register or to find out more!

08
15
28
MAY

Science Now! Workshops

- Zoom (online)
- 8, 15, 28 May 2021
- 2hrs per session
Please visit event website for detailed schedules
- 6+ 6 years old and above
Children must be accompanied by adults

Stable internet connection is required.

Activity Kits
will be
Provided &
Delivered

SCIENCE NOW!

An exciting array of online programmes lined up for you.
Don't miss out on these classes!

LED's Play

Unbe-LEAF-able Plants

The Cycles of Life

Curious Geneticist

Force It

Newton's Acrobat



Newton's Acrobat

Primary 1 to 3

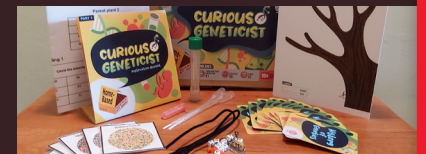
Learn how to make your own toys that harness the pull of gravity to roll, tumble and fall.



Force It

Primary 3 to 6

Are you ready to turn simple materials into toys using forces?



Curious Geneticist

Primary 4 to 6

Ever wanted to decode the secrets of DNA?

Spark and nurture your child's love for science by learning alongside them in these online classes!

Visit eventnook.com/ntucmayday2021 to register or to find out more!

**08
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Wildlife Reserves Singapore Virtual Edutainment

Zoom (online)

8, 9, 16, 22, 23, 29 May 2021

Once Upon a River Adventure & Ranger Chit Chat: 9.30am - 10.15am
The Amazing Parrot Show & Bird Trainer Chit Chat: 3.45pm - 4.30pm
Night Safari Adventure Tour: 6.30pm - 7.15pm

Suitable for all ages

Stable internet connection is required.

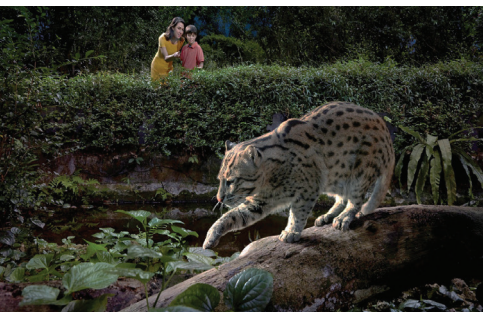


Once Upon A River Adventure & Ranger Chit Chat

Meet different species of animals from the various rivers of the world! Get on a LIVE call and speak with an Eco-Ranger, who will share interesting insights, together with an animal ambassador. Join this interactive session and ask the ranger about wildlife, caring for the animals or his interesting job. Learn all about animals and how to go green for wildlife!

The Amazing Parrot Show & Bird Trainer Chit Chat

Meet the intelligent birds from the Jurong Bird Park and be wowed by their colourful plumage and amazing talents! You will also get to have your questions answered by our rangers and find out more about caring for the animals, the environment and how to go green for wildlife.



Night Safari Virtual Adventure Tour

Join our guide virtually on a private buggy tour through the Night Safari and meet its various nocturnal inhabitants! Take in the sight of the majestic animals in their exhibits, hear stories and sharing from our experienced guide, and have your questions about animals answered!

Visit eventnook.com/ntucmayday2021 to register or to find out more!

**EVERY
FRI
TO
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IN MAY**

7 - 30 MAY

Classic Closed Terrarium

- 📍 Zoom (online)
- 📅 Fridays to Sundays, from 7 - 30 May 2021
- 🕒 1.5hrs per session
Please visit event website for detailed schedules
- 👤 7+ 7 years old and above

Stable internet connection is required.

**Activity Kits
will be
Provided &
Delivered**



Being in the concrete jungle makes it easy for us to forget the serenity that nature brings. Perfect for those who yearn to bring a little greenery into their homes and workspaces,

this terrarium virtual workshop will allow you and your family members to bond while tending to this pot of love together.

Visit eventnook.com/ntucmayday2021 to register or to find out more!

EVERY
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IN MAY
7 - 30 MAY

Tote Bag Painting

- Zoom (online)
- Fridays to Sundays, from 7 - 30 May 2021
- 1.5hrs per session
Please visit event website for detailed schedules
- 7+ 7 years old and above

Stable internet connection is required.

Activity Kits
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In search of a light-hearted art experience? Look no further than this workshop where you can create something stylish, creative and functional for everyday use, while spending time with your family!

Visit eventnook.com/ntucmayday2021 to register or to find out more!

08
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Clay Art Making

- 📍 Zoom (online)
- 📅 8, 9, 16, 22, 23, 30 May 2021
- 🕒 3pm - 4.30pm
- 👤 7+ 7 years old and above

Stable internet connection is required.

Activity Kits
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Delivered



Are you looking for a wholesome, hands-on art experience? Want to relive the memory of playing and fiddling with play dough as a child?

From the young to the young-at-heart, this clay art-making workshop is perfect for families to participate together.

Visit eventnook.com/ntucmayday2021 to register or to find out more!

**08
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MAY**

Art Jamming

- Zoom (online)
- 8, 9, 16, 22, 23, 30 May 2021
- 4.30pm - 6pm
- 7+ 7 years old and above

Stable internet connection is required.

Activity Kits
will be
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Delivered**



Painting can be both fun as a collective group work and soothing as an individual activity. Unleash your creativity and create a masterpiece of your own or with your family!

Visit eventnook.com/ntucmayday2021 to register or to find out more!

EVERY
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AND
SUN

8 - 30 MAY

Bento Box Making

- Zoom (online)
- Saturdays and Sundays, from 8 - 30 May 2021
- 1.5hrs per session
Please visit event website for detailed schedules
- 7+ 7 years old and above

Stable internet connection is required.

Fresh Halal
ingredients
will be
Provided &
Delivered



Bento is traditional Japanese lunch that is packed in a box. Transform into a MasterChef in this popular virtual workshop held by professional instructors. It's fun, it's engaging, it's the perfect way to bond with family (especially the

children), as you learn how to make delicious and cute bento at the comfort of your own home. The best part is getting to taste your work after the session... Itadakimas!

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